

This Is Where You Belong: The Art and Science of Loving the Place You Live





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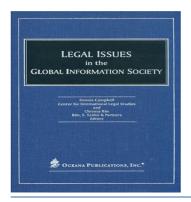
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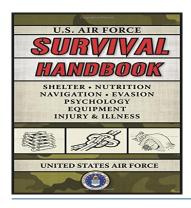
In the spirit of Gretchen Rubin's megaseller The Happiness Project and Eric Weiner's The Geography of Bliss, a journalist embarks on a project to discover what it takes to love where you liveThe average restless American will move 11.7 times in a lifetime. For Melody Warnick, it was move #6, from Austin, Texas, to Blacksburg, Virginia, that threatened to unhinge her. In the lonely aftermath of unpacking, she wondered: Aren't we supposed to put down roots at some point? How does the place we live become the place we want to stay? This time, she had an epiphany. Rather than hold her breath and hope this new town would be her family's perfect fit, she would figu

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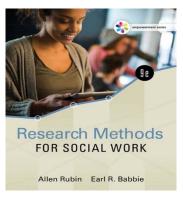


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What others say about this ebook:

Review 1:

Coming from someone who has been moving her whole life, this book has helped me know how to connect with my town and put down roots. This was well-researched, helpful, but also cathartic. Melody Warnick has a personable and engaging writing style. Would highly recommend.

Review 2:

I was hoping this book would help me to feel more at home in the city we moved to 6 1/2 years ago. It did not. We moved from sunny & lovely Santa Cruz, CA to rainy & dreary Oregon. Our reason for moving is much different from 30 & 40 year olds with children. My husband retired & we moved in 2009 to care for my dad who eventually died from Alzheimer's in 2014. My husband was diagnosed with cancer 2 mos after our move & I was diagnosed with a life changing illness in 2011. I tried all the suggestions. I volunteered, we joined the YMCA, ate & shopped local & more. People our age (in their 60s) have an established set of friends & are not looking to make new friends. It's beautiful where we live, the cost of living is much lower but it's still not home. I think the suggestions & examples are too simplistic and honestly believe there are places where people are just more comfortable.

Review 3:

I already love the city I live in, but each chapter inspired me with new ways to make it a community, a home. I don't just want to be a person who lives here, I want to be a part of it. Really great writing and solid ideas.

Review 4:

Inspiring. This book gives me a sense of control over my own happiness and a sense of optimism about making the place I live into the place I want to live. I will become the best me!

Review 5:

I loved this book! It was insightful and applicable to my life, really it would be applicable to anyone's life. I have lived in the west, east and now midwest and have found things to love about each place. This book takes loving where you live to a new level and had me laughing while also motivating me to discover why I should love my new place because, just like the author, we are moving again! I would definitely recommend reading, and think it would be an excellent choice for book club discussion as well.

This Is Where You Belong by Melody Warnick ...

This Is Where You Belong. Finding Home Wherever You Are. The Art and Science of Loving the Place You Live. Finding Home Wherever You Are. By Melody Warnick ...

Melody Warnick |

"Where we choose to live is the single most important decision we make. Melody Warnick shows you have to find a place you truly love and even more importantly how to make it your very own. This Is Where You Belong is an important book for so many people out there who are choosing their place to live." Richard Florida ...

#227: The Art & Science of Loving the Place You Live by The Art of ...

19 Aug 2016 ... My guest today spent a year researching the burgeoning science of what's called "place attachment" in order to answer that question. Her name is Melody Warnick and she's the author of This Is Where You Belong: The Art and Science of Loving the Place You Live. On the show Melody and I discuss what ...

This Is Where You Belong: Finding Home Wherever You Are ...

"Where we choose to live is the single most important decision we make. Melody Warnick shows you how to find a place you truly love and even more importantly how to make it your very own. This Is Where You Belong is an important book for so many people out there who are choosing their place to live."—Richard Florida ...

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Podcast #227: The Art & Science of Loving the Place You Live

19 Aug 2016 ... So how can you learn to love the place you live, even if you don't feel it's the place of your dreams, or the most ideal location? ... Her name is Melody Warnick and she's the author of This Is Where You Belong: The Art and Science of Loving the Place You Live. On the show Melody ... Download this episode.

This Is Where You Belong: The Art and Science of Loving the Place ...

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